



DR. JUICE

CLEANSE[®]

REFRESH YOUR LIFE



Charles Demetri

The Simple Things Are Always **THE BEST**



But with our fast paced and stressful modern lifestyles, it's easy to lose sight of what is good for us.

The constant daily grind means that we often don't exercise as much as we should, and we don't look after ourselves very well generally.

When it comes to eating, sometimes we eat too much and sometimes not enough. Sometimes we eat well and other times, let's face it, most of us eat things that we dare not even look at the nutritional information for.

Over time, poor diet can build up toxins in our bodies and dull our minds, creating a situation which can seriously restrict our ability to enjoy life to the full.

On top of that, acidic foods increase the production of mucus in the body. Because mucus is used as a natural defense against acids and helps move them through and out of the body quickly, this leads to an overproduction of mucus, causing poor digestion.

Moving away from the American diet, through taking a different approach to how we eat, can transform how we enjoy life.

Hi, my name is Charles Demetri and I am the owner of Dr. Juice Cleanse. I am proud of my company and how it helps people, and after reading what I am going to tell you here, you will understand how it can help to regain lost energy and enthusiasm.

In this guide to the benefits of juice cleansing, you will learn about how Dr. Juice Cleanse was developed through my personal circumstances, exactly how it benefits you and how easy it is to kickstart a new lifestyle for yourself.



Would You Like To **REBOOT YOUR LIFE?**

- Imagine having more energy.
- Being more alert.
- Feeling more positive.
- Imagine changing your outlook on life for the better.
- That's how Dr. Juice Cleanse can help you.



Dr. Juice Cleanse provides a specially blended and concentrated hit of fruit and vegetable nourishment for your body. It is immediately accessible and therefore digests easily, allowing you to intake far more nutrients than the raw versions of the ingredients, delivering multiple benefits.

Dr. Juice Cleanse works because it allows your body to rapidly intake a high concentration of the key nutrients and antioxidants it needs to deal with what you throw at it and to perform at its best.

You can eat and drink all of the ingredients in our special blend separately, however, your

body simply cannot take on board the same volume of nutrients from fruit and vegetables in their non-blended form. That's one of the key benefits of the process Dr. Juice Cleanse goes through, it creates a special formulation that is quickly and easily consumed.

In addition, the combination of this highly concentrated purity and the lack of artificial additives, means that your body is almost instantly able to process Dr. Juice Cleanse, giving you fast energy and vitality, while avoiding the increase in mucus that leads to poor digestion.





Discover How Juice Cleansing **CAN HELP YOU**

More and more people are discovering the benefits of regularly cleansing their body toxins using the Dr. Juice Cleanse special remedial blend of all natural fruit and vegetable juices.

- If you are feeling any of the following, then Dr. Juice Cleanse could help you:
- Always feeling sluggish and tired
- Persistent digestive complaints
- Skin that never seems to be in the condition it should be
- Stubborn excess weight
- Constant cravings for sugar, fat or caffeine

Juice cleansing does not have to be a constant process. Done periodically, or as part of a sustained change to your lifestyle, it can help you in many ways to feel better:

- Cleansing feeling
- Feeling energized and revitalized
- A new awareness of what you give to your body
- A fresh understanding of what makes your body perform best
- Sharper mind ability and focus
- Feeling of holistic balance
- Higher levels of motivation
- A general feeling of improved wellbeing



Dr. Juice Cleanse Can Help You To **LOSE THAT STUBBORN WEIGHT**

As well as being a safe and completely organic way of promoting a mucus-free diet, flushing toxins out of your system, encouraging a healthy colon, and strengthening your immune system, Dr. Juice Cleanse can also help you to lose weight.

Many people have found that Dr. Juice Cleanse, supplemented with healthy food, has allowed them to lose significant weight, quickly and safely.

Of course, it's not a magic potion. Will power and a "can do" attitude is required, but many people have found that the focus that a juice cleanse brings to their lives, without the hard work of preparing endless fruit and vegetables, has a strongly positive impact on their outlook and ability to stick to the good stuff, thus promoting long-term weight loss.

The best thing about Dr. Juice Cleanse, in terms of weight loss, is that it's not a diet. Rather, it is taking in concentrated liquid nourishment. So there is no effort in trying to juggle a variety of foods to achieve nourishment and weight loss.

Because of its easy digestive properties, the concentration of energy and nutrients in our special blend of juices delivers an instant supply to the body. This means your body is using the energy it is given, without storing up excess for future use.

The concentrated nutrient hit allows your body to digest far more than it could by eating unblended fruit and vegetables. As well as the volume you would have to eat, you also have to rely on your digestive system being in peak condition to absorb all the nutrients from this large volume of fruit and vegetables.

Unfortunately our bodies rarely work at optimum due to our modern lifestyles and mucus-creating diets, so just eating lots of fruit and vegetables can often be expensive and time-consuming without reaping the benefits you could from in taking the same fruit and vegetables in juiced form.

The combination of cleansing your digestive system, where partly digested food is often left, and rapid energy consumption, can lead to a surprising level of rapid weight loss in a healthy manner.

A gain in energy, vitality and positivity. Weight loss through a new focus and regime. Those are the reasons why people are using juice cleansing to open a new chapter in their lives.





Why I Developed **THE DR. JUICE CLEANSE BRAND**

Now you have read the basics about how juice cleansing can transform your life and bring multiple benefits, I'd like to share with you the deeply personal reason I believe so strongly in Dr. Juice Cleanse.

When she was a very young, my daughter was diagnosed with a tumor on her kidney.

This traumatic experience for all of us ended up in her having a large tumor removed and undertaking a series of chemotherapy.

One day she asked me why she could not have long hair like the other little girls.

To try and help my daughter, I started studying holistic medicine and became aware of the healing and cleansing properties in

concentrated natural fruit and vegetable juices. Using a domestic kitchen juicer, I started to create blends that me and my daughter took in conjunction with a no mucus, healthy diet.

My daughter was able to come off chemotherapy and is now a thriving teenager with a clean bill of health. We both enjoy life and have the energy and positivity to do so.

That's why I am convinced of the benefits to our bodies of undertaking natural juice cleansing.

Within a few weeks of starting to supplement a healthy diet with Dr. Juice Cleanse, I know you will be convinced as well.




How Is **DR. JUICE CLEANSE** MADE?

We make our unique blend of juice cleanse at our own specialist facility, using the latest equipment, techniques and food safety standards. This gives us complete control over the quality of ingredients and the process we use to create Dr. Juice Cleanse.

Dr. Juice Cleanse is made daily from completely fresh natural and organic ingredients. There are no preservatives or additives in our product.

Thanks to the success of our brand, we are now able to supply Dr. Juice Cleanse in different formats, which has allowed people like Cassandra J. Martin to benefit from Dr. Juice Cleanse more easily:

 ".....LOVE Dr. Juice Cleanse – Especially the ready to drink juice. I am not a breakfast person so usually skip it...but with the on the go bottles, I take with me when I'm out & about. And it tastes SOOO GOOD! I even lost more then I expected & I look AND feel amazing!"

Lovingly developed over time using our special blend of technical knowledge and real-life results, Dr. Juice Cleanse is a unique product, produced in a unique way, with benefits that are being discovered by more and more people.

As I said at the beginning, simple ideas are usually the best. Dr. Juice Cleanse is a classic example of how improving on the nutrients nature provides, through a specially blended concentration, can work wonders for our bodies.



Can Anyone Benefit From **DR. JUICE CLEANSE?**


The great news is that Dr. Juice Cleanse will be of benefit to anybody who is serious about wanting to feel more healthy, get more energy and improve their ability to enjoy life.

I'm hoping you do want to have more energy and a better quality of life?

So yes, whoever you are, whatever your current lifestyle, you can personally benefit. And quickly.



My product makes me proud because it has helped so many people of all different ages to feel great about themselves again, people like Tatum Shaw, who contacted me to say:

 "I have been using Dr. Juice Cleanse for about 3 months now and absolutely love it! I am down 65 pounds and could not have done it without this product!! The juice is great tasting and very filling. Because its all natural, I even got rid of my adult acne and my skin looks smooth and healthy."

This sort of feedback is fantastic because it tells me that people are truly benefiting from the products that I have spent a massive amount of time, money and effort getting just right.

Of course, I would suggest if you have a medical condition, such as diabetes, or are under 18, that you seek medical advice before undertaking a drastic change of diet. However, using Dr. Juice Cleanse in conjunction with a sensible, balanced diet is something that anybody can benefit from.

And let's face it, that's something we should all be doing anyway?



Can't I Just Eat More **FRUIT AND VEGETABLES?**

Well, yes you could. But the real answer to that question lays in asking you to answer two more questions:

- 1. Could you eat enough fruit and vegetables?**
- 2. Would you eat enough fruit and vegetables?**

The simple truth is we all try to change our diets for the better. But we rarely succeed.

Modern life, family pressures and the cumulative effect of being dragged down by our poor diets, mean we suffer from a lack of energy and positivity.

So suddenly transforming our diets, through eating the required volumes of good food, hardly ever works if we have to do it all ourselves.

- It means going to different shops to buy large volumes of fruit and veg
- It means washing and preparing food several times per day
- It means finding or creating blends that provide all the nutrients you need
- It means continually creating fresh juice because you cannot store it for long
- It means buying an expensive juicer!

Dr. Juice Cleanse takes away all that hard work. It allows you to get on with your life without devoting time to endless food preparation.

Our special blend will get your body moving in the right direction faster. The change in energy levels and mental outlook you can experience will rapidly reap positive benefits, without having to invest that energy in food preparation.

Even medical professionals are advocates of the power of Dr. Juice Cleanse:

 **"Dr. Juice Cleanse - I'm a Client for life!"**
Dr. S.G. Martin, M.D. ,
Jackson, Mississippi

Plus it's about enjoying your food.

If you don't juice cleanse, then eating a lot of fruit and vegetables means boring meals. Or it means an endless search for meals that give variety and allow you to pack in the volumes required to make that positive change.

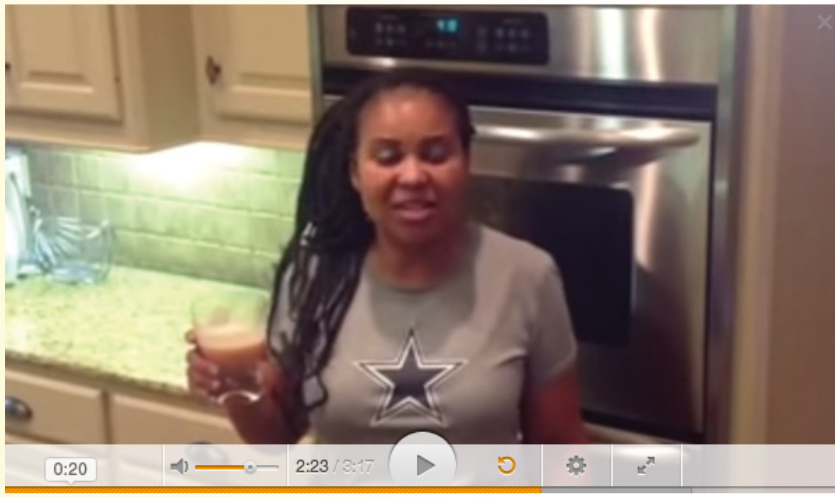
By taking in the powerful punch of Dr. Juice Cleanse, it releases you to focus on eating healthy meals that contain only what you enjoy.

Dr. Juice Cleanse instantly eliminates all of these barriers. Your time is freed up and your energy can be focused purely on developing your life in a positive manner.



REAL PEOPLE Are Doing More Thanks To **DR JUICE CLEANSE**

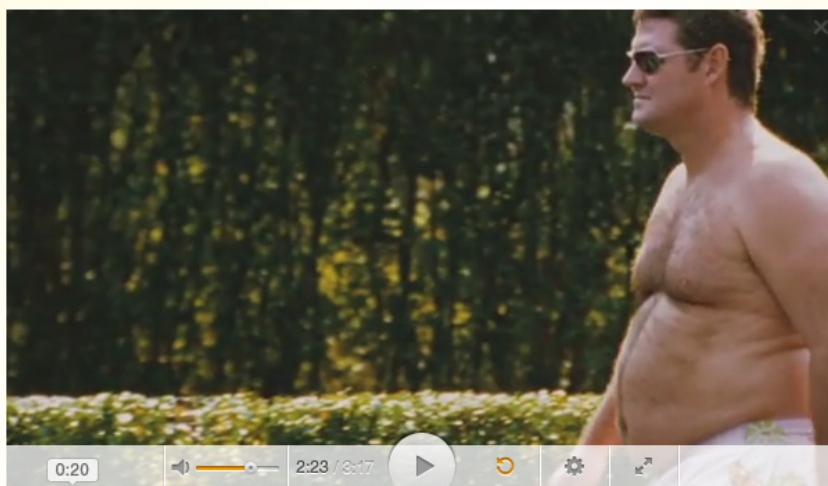
Real people, like Gwen Delphi are benefiting from Dr. Juice Cleanse in the USA right now, every day. You can see and hear how pleased Gwen is with the results of using our product in this short video:



<https://www.youtube.com/watch?v=Du8aiEHMre4>

And in terms of showing the benefits of juice cleansing, one man has become famous for taking his life back through juice cleansing. His name is Joe Cross. Joe made a film about his experiences called *Fat, Sick & Nearly Dead*.

Joe was on the edge of having a complete body collapse. He decided to undertake a 60 day juice diet, to allow his body to start again. The film shows his journey and the results he discovered inspired others to follow and benefit. The trailer is only two minutes long, so take a look and see for yourself what Joe discovered:



<http://vimeo.com/18732737>



LET'S KICKSTART A GREAT NEW YOU



Cleansing your body of damaging toxins with Dr. Juice Cleanse is something you will benefit from doing sensibly and regularly.

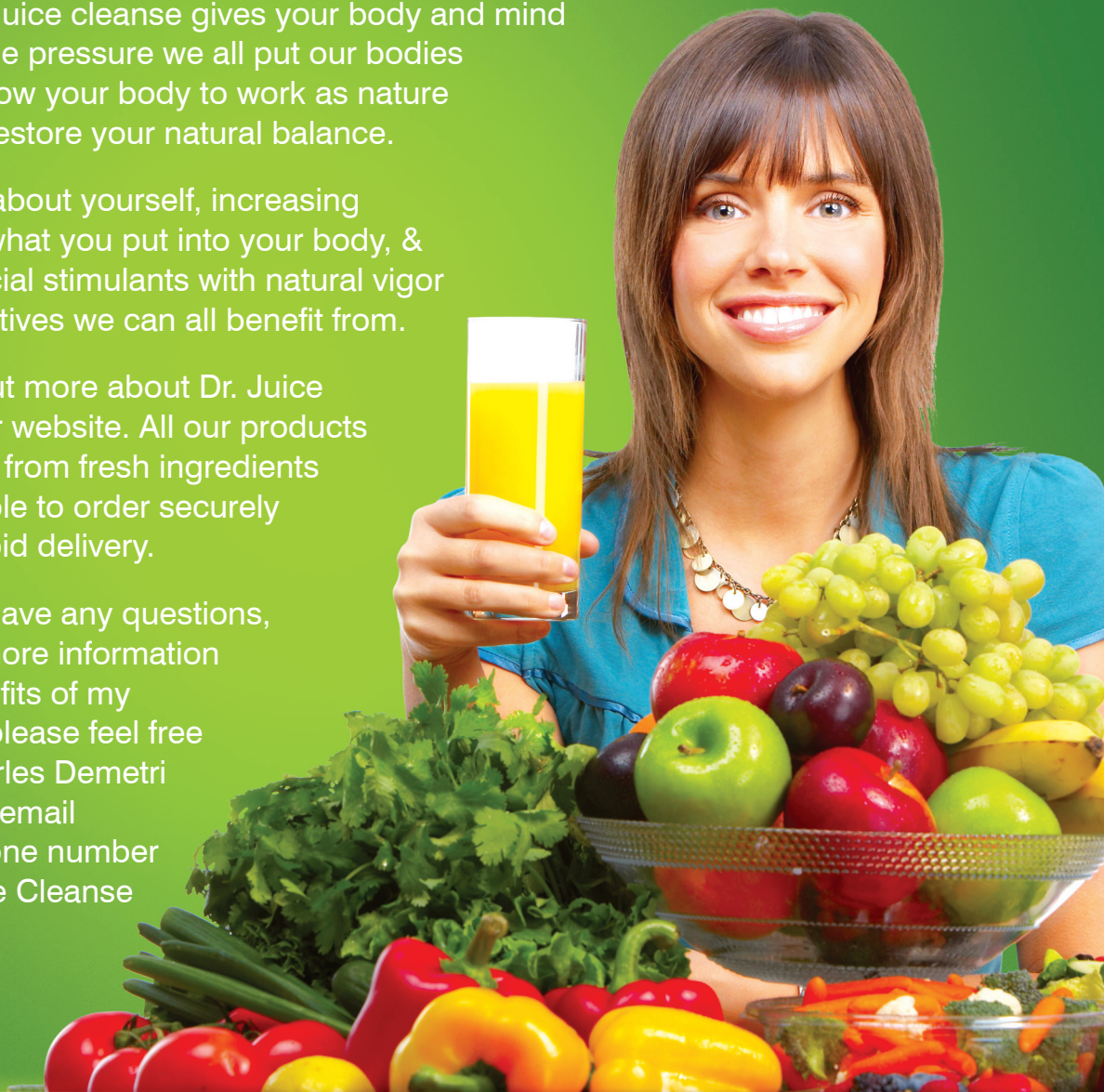
In conjunction with a well balanced diet, you will feel the benefits and improve your lifestyle very quickly.

Undertaking a juice cleanse gives your body and mind a break from the pressure we all put our bodies under. It will allow your body to work as nature intended and restore your natural balance.

Feeling better about yourself, increasing awareness of what you put into your body, & replacing artificial stimulants with natural vigor are strong positives we can all benefit from.

You can find out more about Dr. Juice Cleanse on our website. All our products are made daily from fresh ingredients and are available to order securely online, with rapid delivery.

And if you do have any questions, or would like more information about the benefits of my product, then please feel free to contact Charles Demetri directly via the email address or phone number on the Dr. Juice Cleanse website.



www.DrJuiceCleanse.com